

St John's Catholic Primary School PSHE / SMSC Curriculum Overview

Years 1, 3, 5	WE'RE ALL STARS! <ul style="list-style-type: none"> Community Rights & responsibilities Getting to know each other Working together 	BE FRIENDLY, BE WISE <ul style="list-style-type: none"> Making & sustaining friendships Conflict resolution Anti-bullying Keeping safe at home & outdoors 	DEAR DIARY <ul style="list-style-type: none"> Comfortable & uncomfortable feelings Problems in relationships Anti-bullying Help & support 	JOINING IN AND JOINING UP <ul style="list-style-type: none"> Needs & responsibilities Participation Local democracy Voluntary groups Fundraising activities 	DARING TO BE DIFFERENT <ul style="list-style-type: none"> Identity & self esteem Difference & diversity Peer influence & assertiveness 	LIVING LONG, LIVING STRONG <ul style="list-style-type: none"> RSE* Healthy eating & exercise Goal setting & motivation
Years 2, 4, 6	IT'S OUR WORLD <ul style="list-style-type: none"> The wider community & local democracy Rights & responsibilities Environmental awareness and sustainability issues 	SAY NO! <ul style="list-style-type: none"> Drugs - medicines, legal/illegal drugs Risk taking behaviour Feeling safe Anti-bullying 	MONEY MATTERS <ul style="list-style-type: none"> Understanding finance & money Shopping & budgeting Risk & debt Goal setting & motivation 	WHO LIKES CHOCOLATE? <ul style="list-style-type: none"> Fairtrade Globalisation inequalities Hunger & poverty Media & stereotyping 	PEOPLE AROUND US <ul style="list-style-type: none"> Global citizenship Different identities around the world Challenging prejudice Support networks 	GROWING UP <ul style="list-style-type: none"> RSE* Managing change
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School Focus	<ul style="list-style-type: none"> School council & eco warriors Head boy/girl Playground buddies School rules - rewards & consequences Autumn family walk/picnic Harvest/Fairtrade Chartwells British food workshops Camborne youth conference Macmillan coffee morning 	<ul style="list-style-type: none"> National anti-bullying week International walk to school month Bonfire night safety World faith week Remembrance day Churches Together prayer spaces Christmas events Tescos Christmas workshops 	<ul style="list-style-type: none"> National e-safety day Holocaust memorial day World faith week 	<ul style="list-style-type: none"> World book day Fairtrade fortnight Mother's day Churches Together prayer spaces St Piran Trevithick day Tescos world foods workshops Launch new charity Easter events 	<ul style="list-style-type: none"> First Communion Mary May procession Beach safety World faith week 	<ul style="list-style-type: none"> Father's day Refugee week Churches Together prayer spaces Tescos healthy eating workshops Chartwells healthy recipes workshops Armed forces day

*RSE units using Plymouth Diocese scheme of work